



REGISTRATION INFORMATION

The Saratoga NFL Flag Football league is a volunteer-based, non-profit organization teaching sportsmanship, character building, and football fundamentals to boys and girls throughout Saratoga County.

2026 Season

League Information

Saratoga NFL Flag Football is a co-ed youth flag football league open to all kids going into PreK through 9th grade in the fall.

The league has 5 divisions for grades PreK-K, 1st-2nd, 3rd-4th, 5th-6th, and 7th-9th.

Practices can begin as early as August 19, 2026 and will be held at Gavin Park (10 Lewis Rd).

An 8-game season will be played on Saturdays at the Polo Fields on the corner of Bloomfield & Daniel's Rd, starting September 12th with the Super Bowl occurring on November 8th. Saturday games will be tentatively played from 9AM to 3PM. All players **must** wear mouthguards for every game and practice.

Coaches will contact players once rosters are formed.

Registration Information

Registration is open from May 15th through August 1st.

Cost PreK-K Division **(\$150)**
1st-9th Grade Divisions **(\$195)**

Gear All players receive a reversible NFL team jersey. Players require a mouthguard (**mandatory**) and cleats (optional but recommended).

Go to:

TBD

to register now!

 **Togaflag.com**
Saratoganflflag@gmail.com

